

# Great American Smoke Out Game



## STEPS:

### Set up the gym floor as the game board.

The students are the game pieces. Divide the students into even teams. Landing on certain colored squares allows them to do certain activities. Have them role a dice or spin a wheel when done to see where they will move next.

### Squares

- **Blue Square** – Go to a table and answer tobacco related questions (if they do not know the answer, they must go and research it at the resource table).
- **Yellow Square** – Go to a table and answer a True or False question.
- **Green Square** – Challenge activity.
- **White Square** – Do a tobacco related worksheet (word find, crossword, advertising activity sheet, etc....)

### Challenge Activities:

- **Kick Butts Bowling** – Kids bowl by kicking a soft ball at pins made to look like cigarettes.
- **Attack the Tobacco Company** – Kids throw Velcro darts at “the Tobacco Company”.
- **Yellow Square** – Go to a table and answer a True and False question.
- **Green Square** – Challenge activity
- **White Square** – Create a tobacco prevention song or cheer.
- **Red Square** – Do a tobacco related worksheet (word find, crossword, advertising activity sheet, etc...)
- **Creative Ideas Ping-Pong Shoot** – Kids throw ping-pong balls into the tobacco company, with every three balls in, they have to come up with a way to prevent kids from smoking.
- **Advertising** – Kids write counter ads to smoking.
- **Refusal Skills Catch** – Practice refusal skills while throwing a beach ball in the air, every time a student taps the ball, they have to practice refusing tobacco.
- **Raise the Cigarette Tax** – Numbers are placed on a twister mat and kids try and toss bean bags onto the circle trying to get the highest number.
- **Oopee Ball Toss** – Kids try and toss an Oopee ball through a hula-hoop. The oopee ball is a small weighted beach ball that is difficult to toss. It represents the crooked advertising techniques that tobacco companies use to manipulate kids.
- **Crush the Cigarette Ball Toss** – Kids try to get the mini basketball into the hoop, thereby crushing the fake cigarettes at the bottom of the netting.