

Steps:

1. In conjunction with your dialogue night have each group choose two actors (two students & two adults) to participate in a skit.
2. Choose a scenario that the group would like to see acted out or have one ready at the beginning of the night.
3. In the skit the students take on the role of the adults and the adults take on the role of the students.
4. Act the skit out twice, once the way the group thinks the other group would respond (how the students feel adults would respond and vice versa) and the second time the skit is done in the manner the group would like the other group to respond.
5. Discuss.

Dialogue Night Skit:

The Beginning:

Arrival & Greetings – Nametags

Introductions (20-30 minutes) – Have a moderator or someone to lead the activity and introductions. Include a welcome from the moderator and facilitators. Also, discuss the group game and introduce the theme for the skit. Here are some guidelines for the dialogue and you can add any that you feel are appropriate.

- Respect
- Confidentiality
- Be a good listener
- No put downs
- Don't interrupt
- Have fun
- Everyone speaks who wants to
- It's OK to pass

The Middle:

Small Group Discussions – 1 hr. & 15 minutes

- Name game or warm up game
- Dialogue Night question sheets
- Each group chooses a spokesperson to address the large group with highlights of your group's discussion

The End:

Large Group Discussion – With Moderator, 10 – 20 minutes

What issues came up in the small groups? Group spokespeople share their groups' thoughts and anything else that was relevant during the discussion time.

Conclusion-

Moderator, 5 minutes or less Include the following:

- Thank you for coming and participating
- Please continue talking
- This is a beginning

S.C.R.E.A.M.S

S.C.R.E.A.M.S. are what you should give to your group members as a group facilitator. We are not talking about shouting at them; we mean these are the skills and qualities you should bring to the group:

- S. Sensitive** – Listen to your thoughts and feelings, take risks and share yourself with the group. Be sensitive to the thoughts and feelings of others in the group when they share. Help others to take the risk and share.
- C. Confidential** – Clarify the ground rules of confidentiality and make sure everyone understands.
- R. Real** – Be real with yourself and the people in your group. Express your thoughts and feelings in an honest and genuine way.
- E. Empathy** – Put yourself in the other person's shoes and try to feel how they might be feeling. Show another person that you understand them and accept them for who they are. Make no judgments about what they are saying or feeling.
- A. Attention**– Pay attention to your group and make sure you stay with the conversation. Don't space out. Be sure you are well taken care of yourself, so you won't be over tired or hungry when you are working with a group. The greatest give we can give to another person is our undivided attention.
- M. Modeling** – Show the members of your group how to be a good group member by being one yourself. Some of the things you can model for your group are: listening, staying on the topic, using "I" statements to describe your feelings, follow the group ground rules and guidelines, and giving clarification if there is misunderstanding.
- S. Safety**– Make the group a safe and comfortable place for members to be themselves. Help everyone to feel like they belong and that they will be heard when they want to speak.